

## ADULT SWIM LESSONS



WINTER/SPRING 2018



Sessions are 4 weeks in length

GREENVILLE COUNTY RESIDENTS	\$55
NON-RESIDENTS	\$68.75

offered at the

Greenville County  
Aquatic Complex

*the Upstate's Premiere Aquatic Facility*



## GENERAL INFORMATION

**ATTENDANCE** - We will not offer any make-ups, refunds, or credits for student absences.

We reserve the right to change policy and procedures at any time without prior notice to ensure ongoing quality and service.

If you have any questions please contact our Swim Coordinator Jenny Faulconer at 864-679-7946 ext 2703 or [jfaulconer@greenvillecounty.org](mailto:jfaulconer@greenvillecounty.org).



## GREENVILLE COUNTY AQUATIC COMPLEX

2700 West Blue Ridge Drive  
Greenville, SC 29611  
864.679.SWIM (7946)  
[GreenvilleRec.com](http://GreenvilleRec.com)



### What can I do after Adult Swim Lessons?

- ✓ Team Greenville
- ✓ Masters Swim Program (Ages 19+)
- ✓ Starguard Lifeguard training (Ages 16+)



For more information on swim programs at Greenville County Aquatic Complex, visit: [GreenvilleRec.com](http://GreenvilleRec.com)

## REGISTRATION

Participant: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Street Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Special Needs: \_\_\_\_\_

Session Number: \_\_\_\_\_

To participate in this program, the registrant needs a modification because of a disability.

Yes  No

Cost: \$55 In County (\$68.75 Out of County)

Total Amount: \$ \_\_\_\_\_

Checks payable to: Greenville County

\*Add \$10 late fee if registering after deadline.

I understand that tuition is due in full at the time of registration. There is a \$30 fee for returned checks, and lessons will be suspended until all fees are collected. No refunds will be given. Tuition cannot be prorated. **A minimum of 4 students are required to run a Session. No refunds or make-ups will be allowed for student absences.** This schedule is subject to change due to facility closure or inclement weather. In that case, GCAC will endeavor to offer a make-up based on instructor and facility availability. District status will be verified upon registration.

Participant Signature \_\_\_\_\_

Date \_\_\_\_\_

## CLASS SCHEDULE

*Sessions are 4 weeks in length*

**Cost: \$55 (\$68.75 Out of County)**

*A late fee of \$10 will be added to session cost if registering after the specified deadline.*

### Winter/Spring 2018 Sessions

Thursdays from 6:45 pm - 7:30 pm

#### Session 1:

**Jan. 4 - Jan. 25**

*Registration ends Monday, Jan. 1.*

#### Session 2:

**Feb. 1 - Feb. 22**

*Registration ends Monday, Jan. 29.*

#### Session 3:

**Mar. 1 - Mar. 22**

*Registration ends Monday, Feb. 29.*

#### Session 4:

**Mar. 29 - Apr. 26\***

*Registration ends Monday, Mar. 26.*

*\*No classes on April 5*

#### Session 5:

**May 3 - May 24**

*Registration ends Monday, Apr. 30.*

### Ask us about our fitness classes!

We offer weekly classes taught by our trained instructors, including: Zumba, Deep Water Aerobics, Senior Fitness and more.

## ABOUT OUR PROGRAM

### Starfish Swim School™ for Teens and Adults (Ages 13 and older)

This course is designed to improve comfort and skill in the water, regardless of past swimming experience. Students work toward developing the five basic core swimming competencies using principles of adult learning.

Swimming is a great exercise for people of all ages. Our classes are structured with individual goals in mind based on your skills and abilities.

Our program provides instruction for the beginner swimmer to the introduction of lap swimming. Our classes are individually designed for those who have a fear of the water or need to learn basic skills such as floating and beginning strokes while also providing instruction on the basics of lap swimming. With small instructor-to-student ratios, each participant will have a personalized lesson focused on individual needs and goals. We will help guide you through your fears and give you the techniques necessary to enjoy the water or provide encouragement and guidance as you begin the steps toward fitness focused lap swimming.

The Adult lesson program is goal based, so whatever your needs are, our experienced instructors will give you the tools you need to succeed.